

FOR THOSE WHO SEEK TO FLOURISH

ACTIVATE THE RIGHT **A.R.C**

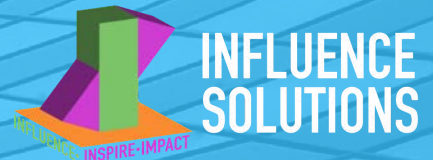
AND

STAY AHEAD OF THE CURVE

AGILE ATTITUDE

RESILIENCE

CHANGE MINDSET



YOUR **F.I.R.S.T.** LEARNING & DEVELOPMENT PARTNER
FUTURE-READY - **I**NNOVATIVE - **R**ELEVANT - **S**TRATEGIC - **T**RUSTED

HOLDING YOU STEADY IN A CHANGING WORLD

OVERVIEW

As the pace of change escalates, the grip of emerging technologies tightens and there is a surge in the information we are being continually bombarded with, it is becoming increasingly hard to cut through the clutter, shut down the noise and stay in balance.

At such times it is easy to lose sight of the fact that all of us are already equipped with some fabulous inner resources, which can be activated quite easily to ensure we are functioning at our best, personally and professionally.

Delivered through the fine art of storytelling this thought-provoking and soul-searching seminar is ideal for opening and closing conferences, corporate retreats, learning festivals, off-sites and special events.

Suitable for all types of audiences. It can be customised as a 60 minute experiential keynote and a series of immersive workshops (2 hour sessions or adapted to your desired time formats) guaranteed to energise, motivate and inspire your audience and provide them with actions they can take to **Activate the Right A-R-C - Agile Attitude, Resilience & Change Mindset**.

The session can be customised to meet the specific outcomes that you may want for your event. For example, to motivate, energise and inspire, how to flourish in times of change, women leadership, to enhance team psychological safety etc.

WHO WILL BENEFIT

Whether you are a corporate leader, executive or business owner **seeking to provide enlightened leadership**, or an individual seeking to **transform your results** at work and in life, this keynote will re-energise you, equip you with simple, yet powerful tools to change your life and the lives of people around you.

**An inspiring keynote address at our virtual offsite 2020!
Karen is an engaging speaker with inspiring stories.**

- Alex Boulton, Partner, Bain & Company

ENTERTAIN. ENGAGE. EDUCATE. EMPOWER

KEY TAKEAWAYS

"I learnt how to let my team see the problem, come up with the solution and be accountable."

- Doreen Neo, Senior Leadership Team, MediaCorp

Depending on the outcomes you desire, we can customise a transformational journey to deliver a variety of outcomes. It will provide your teams insights and strategies for making major positive changes in all areas of their personal and professional lives. It empowers leaders with the clarity and confidence to effectively lead diverse teams in times of disruption and change.

Activate the Right A.R.C. can equip you with:

- An awareness of your default mode of thinking and how it impacts the results you are currently getting
- Clarity of your strengths and inner resources, and how you can leverage these and that of your team to achieve greater success and significance
- Identify the traps that stands between you and your natural agility, resilience and confidence
- Help create the required paradigm shift so that you can spot the opportunity that every change, disruption and situation brings, and how this can be leveraged
- An understanding of how shifting focus and taking small actions can help you generate big results
- Leave you equipped and empowered with actionable insights that will boost your confidence and thus your performance and quality of life

LEARN TO LIVE LIMITLESS

"I learnt how to have empowering and inspiring conversations."

- Shin Jong Weon, Hewlett Packard, South Korea

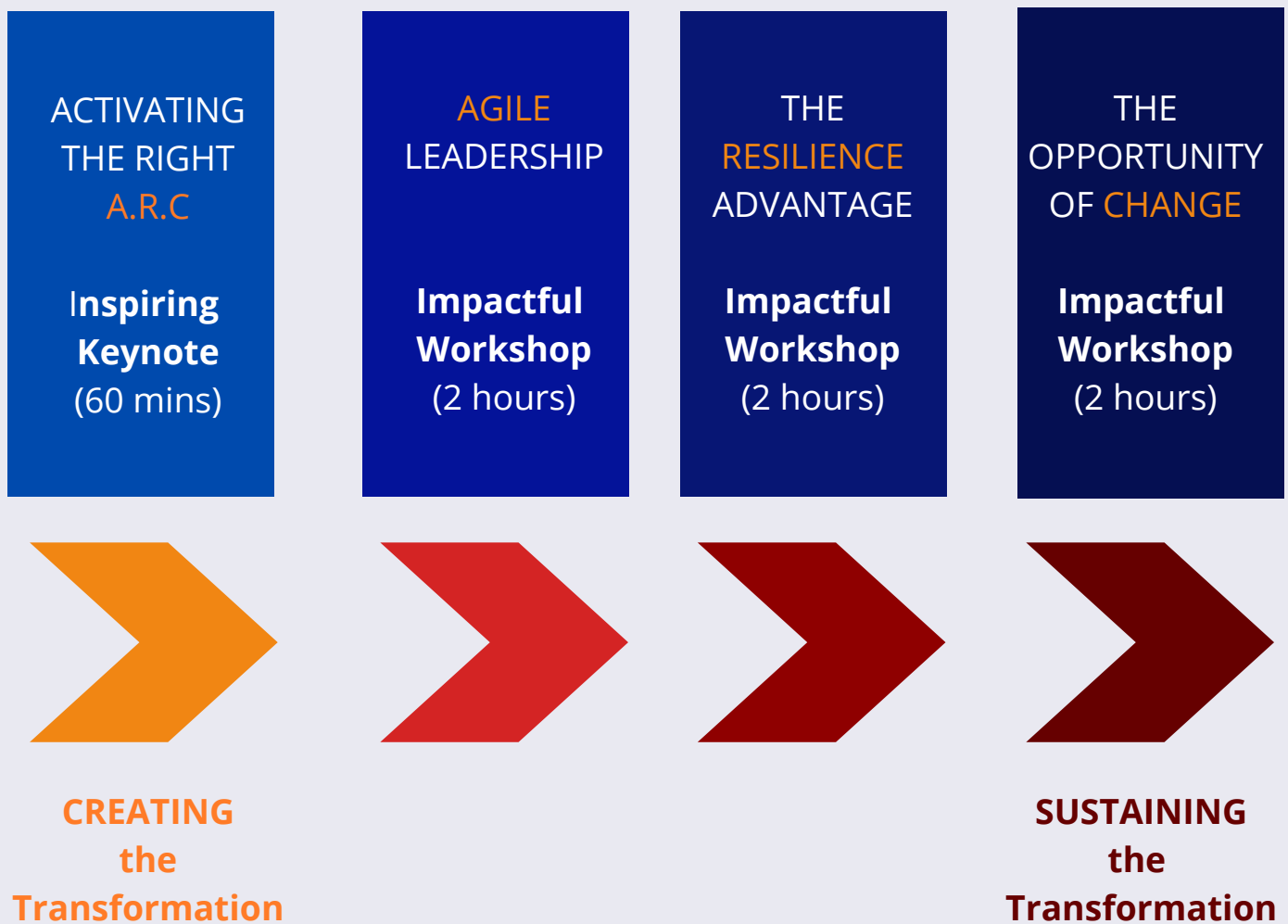
A TRANSFORMATIONAL JOURNEY

Activate the Right A.R.C. is a powerful transformational journey which optimally consists of an inspiring keynote, followed by two to four 2-hour impactful virtual sessions that help people to evolve action plans that enhance productivity and profitability, keeping the organisation ahead of the curve.

This format enables us to create and sustain transformation, not just on a personal and professional level for the people, but also on an organisational level.

An optimal format is to kick-off the transformation with an inspiring keynote. Soon after, we recommend sustaining the transformation with a series of sessions to inspire people to apply their realisations to achieve quick wins and lay the foundation for longer-term results.

These sessions are best scheduled over regular intervals of say a period of 4 to 8 weeks. This enables the impact to be sustained over 6 to 12 months.

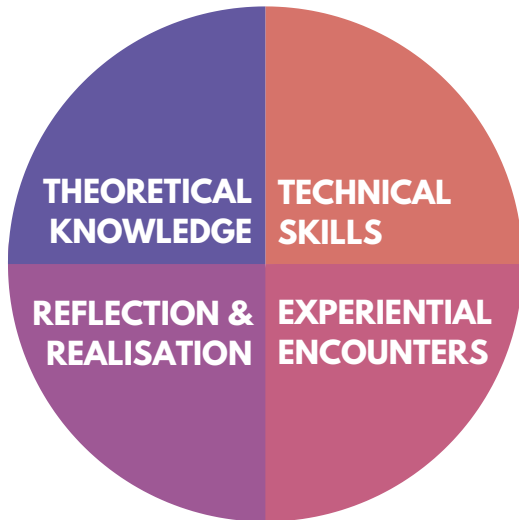


STAY AHEAD OF THE CURVE

METHODOLOGY

OUR ACTION-BASED LEARNING METHODOLOGY

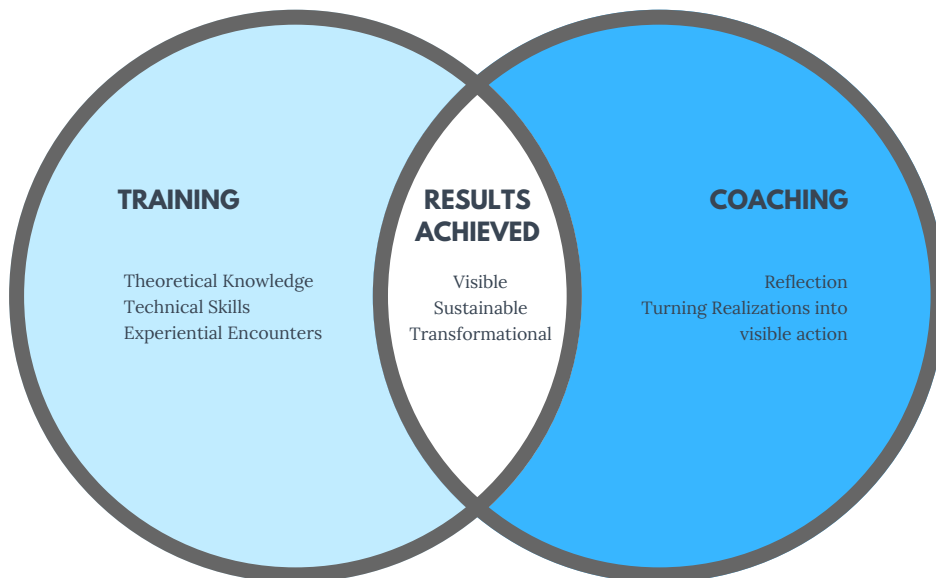
The foundation of all our programmes is a unique Action-based Learning Methodology designed to produce lasting, personal, relevant, and actionable realisations.



The Action-based Learning Methodology has four distinct modes of knowledge production: theoretical knowledge, technical skills, experiential encounters, and reflection and realisation.

The use of these multiple methods to engage and challenge participants generates the buy-in, commitment, and connection needed to ensure sustainable transformation, and thus, the increase in profitability and productivity.

BLENDED APPROACH OF TRAINING & COACHING



Our unique action-based methodology enables participants, not just to expand their horizons by seeing other concepts, but also to identify Simple-Repetitive-Visible actions, which they can use to implement the concepts, at work and in their personal lives.

TRANSFORMATION THAT IMPACTS ORGANISATIONS

DELIVERY FORMATS

AVAILABLE IN VARIOUS FORMATS TO MEET YOUR NEEDS



FACE-TO-FACE SESSIONS

- Full-Day Programs
- Half-Day Workshops
- Experiential Keynotes (Ideal for large audience sizes)



"LIVE" VIRTUAL WORKSHOPS

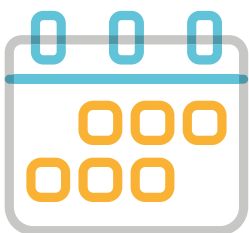
90 to 180 min sessions

Delivered on consecutive days, weeks or months. This extends the impact of the program, enabling participants to act on their learnings.

WHY THE EXPERIENCE IS IMPACTFUL & ENGAGING

- **INTERACTIVE** SESSIONS LED BY A MASTER FACILITATOR.
- **VIRTUAL MODERATOR** IS PRESENT TO ENSURE A SMOOTH EXPERIENCE FOR ALL PARTICIPANTS, TAKING CARE OF SET-UP, TECHNICAL MATTERS, QUESTIONS.
- **A PERSONALISED EXPERIENCE** LIKE THAT OF IN-PERSON SESSIONS WITH INTERACTIVE SEGMENTS, GROUP DISCUSSIONS, PEER SHARING IN VIRTUAL BREAK-OUT ROOMS.
- **A SUPPORTIVE MASTERMIND IS NURTURED**, AS PARTICIPANTS FORGE BONDS THAT INSPIRE THEM TO MUTUALLY COACH AND SUPPORT ONE ANOTHER THROUGHOUT THE JOURNEY.

HYBRID FORMAT - FOR SPLIT / MULTI-LOCATIONAL TEAMS



- **COMBINATION OF FACE-TO-FACE AND "LIVE" VIRTUAL WORKSHOPS.** Great for split or international teams, with some participants physically present, and the others logging in virtually.
- All participants enjoy a highly immersive and engaging session, with discussions and peer sharing incorporated.
- A two camera set-up and dedicated online facilitator helps to enhance the experience and impact

Future-ready. **I**nnovative. **R**elevant. **S**trategic. **T**rusted.



INFLUENCE SOLUTIONS

YOUR **F.I.R.S.T.** LEARNING & DEVELOPMENT PARTNER

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FOR MORE INFORMATION, GO TO
[INFLUENCE-SOLUTIONS.COM](https://www.influence-solutions.com)